



## Covid-19: Policy for Hyperventilation During EEG Recordings

The standing policy for hyperventilation during EEG for the investigation of epilepsy is given in [ANS/BSCN Guidelines for Hyperventilation During EEG Recordings](#) v1.3 of 2013.

Hyperventilation is defined as a standard (“The minimum procedure that is considered an acceptable evaluation of a clinical problem.”).

Hyperventilation is a particularly high risk part of an EEG examination in terms of transmission of SARS-CoV-2 from the patient to others in the room. At a meeting of the BSCN Council of 18<sup>th</sup> June 2020 it was decided that

Standard 1 of the standing policy was suspended until further notice

**Standard A:** Hyperventilation should only be performed in the investigation of childhood absence epilepsy, where it has the greatest benefit.

**Standard B:** If hyperventilation is performed, the other guidelines and standards still stand and describe how it should be performed.

**Standard C:** Protection of staff and others involved in the procedure must be available to ensure their safety

A handwritten signature in blue ink, which appears to read "Adrian Fowle". Below the signature, the text "Electronically Signed" is printed in a small, grey font.

**Dr Adrian J Fowle FRCP BSc**  
**President, British Society for Clinical Neurophysiology**

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