

Directions to University Hospital of Wales

The meeting is in the Michael Griffith's Building which is marked 114 on the map

From the East

NB There is a £6.50 Bridge toll on the M4. Leave M4 Motorway at Junction 29 and take A48(M) (Eastern Avenue).

Stay on this road for approx 5½ miles.

The Hospital will become visible on the right and visitors should leave Eastern Avenue along an exit slip road leading up to the Hospital Site and Multi-Storey Car Park.

From the West

Leave M4 at Junction 32 travelling along the Dual Carriageway (Northern Avenue / Manor Way) for a distance of approximately 2 miles.

Follow the signs indicating the University Hospital of Wales, and enter the site via Rhydhelig Avenue.

Alternatively, visitors may proceed to the Gabalfa Interchange following the signs to Newport and M4 East, exiting via the slip-road leading directly onto the Hospital Site.

Public Transport

Visitors travelling by bus or train will arrive at Cardiff Central Station (2 hours from Paddington and Birmingham New St). The distance between the station and the Hospital is approximately 2½ miles.

There is a regular Cardiff Bus service – Numbers 38 and 39 (most direct service) and No 51, Stagecoach A and B Service. The journey should last approximately 20 minutes.

A journey from the station by taxi should take approximately 10 minutes. University Hospital of Wales is known locally as "The Heath Hospital" (yes, it is named after a Neurophysiologist). Please ask to be dropped at the main entrance.

There are also flights to Cardiff from Dublin, Cork, Belfast, Edinburgh, Glasgow, Anglesey, Aberdeen, Newcastle and Norwich. There is a bus that travels direct from the airport to the Central rail station.

Accommodation

There are no hotels in walking distance from the hospital. For those with cars there are cheap hotels at Junction 32 of the M4 – (Holiday Inn and Village Hotels) and in Whitchurch, (CF14) (Travelodge).

Cardiff City Centre has all the usual chains of budget and luxury hotels.